

# February 2025

**Santa Barbara Martineztown  
Multigenerational Center**

**505.767.5671**

**1825 Edith Blvd NE 87102**

**[cabq.gov/seniors](http://cabq.gov/seniors)**



## Welcome to Santa Barbara Martineztown!

Message from the Program Coordinator

Dear Community Members,

Celebrate Love and Community This February!

Love is in the air at Santa Barbara Martineztown Multigenerational Center! Join us for festive Valentine's movies, our "Love Through the Decades" dance on February 24th, and exciting events like Scam Prevention with Bank of America and Fall Prevention with Albuquerque Fire Rescue. Don't miss Movie Mondays and Thursdays for romantic classics and heartwarming films all month long.

Here's what's coming up:

### Programs for Kids!

#### After-School Program

Starting January 6th, from 3 PM-5 PM, we'll be hosting an enriching after-school program for children ages 5 to 13. We'll provide pick-up from the Jefferson Middle School bus stop and are confirmed for Lew Wallace Elementary.

Programs for all! MAKE SURE TO RSVP WITH THE FRONT DESK!

#### Upcoming Dances

Mark your calendars!

- February 24th: "Love Through the Decades" dance theme.
- March 24th: "Mardi Gras Masquerade"

#### Programs Starting in February

##### Bingo

- Join us on the first Monday of each month, from 1:30 PM-3:00 PM. RSVP with the front desk today! (The Third Monday will be canceled due to Presidents Day.)

##### Spice Rack Remedies Presentation

- Discover the healing powers of everyday spices in this engaging session. RSVP now to secure your spot!

##### Other Exciting Events:

- Albuquerque Fire Rescue Fall Prevention Class: February 4th, 9:00 AM-10:00 AM
- Senior Citizens Law Office Presentations:
  - Estate Planning: February 11th, 9:00 AM-10:00 AM
  - Power of Attorney: February 25th, 9:00 AM-10:00 AM
- Bank of America
  - Scam Prevention: February 18th, 11:00 AM-12:00 PM

#### Ongoing Activities

Don't forget to join our Pickleball sessions every Thursday afternoon from 1:30 PM-3:00 PM. And don't miss our Movie Mondays and Thursdays for a fun, packed month of films!

#### Volunteers Needed

We are seeking volunteers and instructors to share their talents and positively impact our community. If you're interested, call us at 505-609-7198 to get involved! Thank You for Your Support

Let's continue to work together to build a thriving community. The Santa Barbara Martineztown Multigenerational Center is here to welcome you home. Thank you for being part of this journey with us!

Warm regards,  
Matthew Montoya  
Program Coordinator

## Center Hours

**Monday-Friday:**

**8:00 AM-5:00 PM**

**Saturday and Sunday:  
Closed.**

**Mayor**

**Timothy M. Keller**



**Director**

**Anna M. Sanchez**

## Center Staff

**Matthew Montoya  
Program  
Coordinator**

**Elijah Sims  
General Service  
Worker**

**Part-Time Staff  
Aaliyah,  
Albert, Anika,  
and Cindy**

## IMPORTANT CLOSURES

**Presidents Day  
February 17th**



# Monday

Friendship Coffee	8:00 AM-2:00 PM
Computer Lab	8:00 AM-3:00 PM
Puzzle Table	8:00 AM-4:45 PM
Yoga	8:30 AM-9:30 AM
Movie	1:30 PM-3:30 PM
Bingo(1st and 3rd Monday)	1:30 PM-3:00 PM
Dance(4th Monday)	1:30 PM-3:00 PM



# Tuesday

Friendship Coffee	8:00 AM-2:00 PM
Computer Lab	8:00 AM-3:00 PM
Puzzle Table	8:00 AM-4:45 PM
Tech Help Tuesday	8:00 AM-4:45 PM
Line Dancing	1:00 PM-2:00 PM



# Wednesday

Friendship Coffee	8:00 AM-2:00 PM
Computer Lab	8:00 AM-3:00 PM
Flea Market	8:00 AM-12:00 PM
Flea Market Sign up (Last Wednesday)	10:15 AM-11:00 AM
Puzzle Table	8:00 AM-4:45 PM
Walk in the Park	8:30 AM-9:00 AM
YouTube Foodies	9:00 AM-10:00 AM
Paint and Sip	10:00 AM-12:00 PM
Spice Rack Remedies (2nd Wednesday)	10:30 AM-11:30 AM
Yoga	12:00 PM-1:00 PM
Birthday Celebration! (3rd Wednesday)	1:00 PM-1:30 PM
Corn Hole	1:30 PM-2:30 PM
Volleyball	1:30 PM-3:00 PM



## Weekly Activity

# Thursday

Friendship Coffee	8:00 AM-2:00 PM
Computer Lab	8:00 AM-3:00 PM
Puzzle Table	8:00 AM-4:45 PM
Movie Fiesta Month	9:00 AM-11:00 AM
Crochet Group	10:00 AM-11:30 PM
Pickleball	1:30 AM-3:00 PM



# Friday

Friendship Coffee	8:00 AM-2:00 PM
Computer Lab	8:00 AM-3:00 PM
Puzzle Table	8:00 AM-4:45 PM
Yoga	9:45 AM-10:45 AM
Karaoke	11:00 AM-12:30 PM
Card Game Time	1:30 PM-3:00 PM



**More Activities  
Coming Soon!**

ONE  
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## Inclusive Beats: Dance, Smile, Belong

February 24th, 2024  
1:30 PM-3:00 PM

A Celebration Of Love  
Through The Years.

Entry \$3

March 24th, 2024  
1:30 PM-3:00 PM

Mardi Gras Masquerade



## Senior Citizens Law Office Presentations

Dont forget to RSVP and Join us for these helpful and great presentations with the front desk!

Estate Planning Presentation  
Tuesday, Feb. 11, 2025, 9 AM

Power of Attorney Presentation  
Tuesday, Feb. 25, 2025, 9 AM

Smart Shopping  
Tuesday, Mar. 18th 2025, 9 AM

Legal Clinic  
Tuesday, April 15, 9-11 AM: Legal clinic



## Birthday Cake Celebration

Join us every third Wednesday of the Month for our Birthday Cake Celebration, Sponsored by Oak Street Health.

Wednesday- February 19th  
1:00 PM

Wednesday, March 19th  
1:00 PM



## Monthly Spice Rack Remedies: Presentation by: Michael Browning

Join us for a presentation on home brewing help to better your health! We will be going over herbal remedies from cited sources that help promote healthy living!

TBD

Wednesday, February 12th  
10:30 AM-11:30 AM

\*Sign up at front desk

TBD

Wednesday, March 12th  
10:30 AM-11:30 AM

\*Sign up at front desk



## Albuquerque Fire Rescue Fall Prevention Presentation

Join us at the Santa Barbara Martineztown Multigenerational Center for a Fall Prevention Class with Albuquerque Fire Rescue to learn tips and strategies for staying safe and reducing fall risks!.



Tuesday- February 4th  
9:00 AM-11:00 AM

## Bank of America Scam Prevention Presentation

Join us at the Santa Barbara Martineztown Multigenerational Center for a Scam Prevention Class presented by Bank of America. Learn how to spot scams, protect your information, and stay financially secure!



CALL THE CENTER TO RSVP YOUR SPOT



Tuesday- February 18th  
11:00 AM-12:00 PM

BANK OF AMERICA





## Participants shall:

1. Maintain personal hygiene that is not offensive or unhealthy.
2. Show consideration for the diversity of staff and other participants.
3. Treat Center materials, equipment, furniture, grounds, and the facility with respect.
4. Use the Senior Center and Fitness Center equipment in a safe and appropriate manner.
5. Keep the Senior Center building and grounds neat, clean, and litter free.
6. Show courtesy to other participants and staff and respect decisions made by center Management.
7. Bring issues involving the operations of the Center to management's attention for resolution.

## Participants are prohibited from:

1. Harassing or bullying other participants or staff, and shall refrain from sexually harassing other participants or staff.
2. Using of racial slurs or abusive language.
3. Using voice or behavior that will disturb other Center participants.
4. Using language or behavior that other participants and staff will find obscene, abusive, or sexually offensive including through social media, in person, by phone, or other electronic device.
5. Bringing any unlawful weapons into the centers. Unlawful weapons are prohibited in certain City facilities. (See Administrative Instruction AI 5-19 and NMSA 1978 §30-7-2.1).
6. Fighting with other participants or staff.
7. Bringing bicycles into the facility.
8. Smoking in City facilities or on City premises.
9. Consuming or possessing alcoholic beverages in City facilities or on City premises.
10. Any type of gambling in all City of Albuquerque Senior Centers, Fitness Centers, and Multigenerational Centers.
11. Selling, soliciting, or panhandling in Centers.
12. Eating in any pool room or computer lab.
13. Removing food from the meal site area when participating in the congregate meal.
14. Vandalizing or damaging Center facilities, equipment or materials.

## Puzzle Table

Take a break and enjoy a peaceful time with puzzles while giving your brain a little workout! Stop by and help us piece together some fun as we relax and challenge our minds.

**Monday-Friday**  
**8:00 AM-4:45 PM**

## Friendship Coffee

Come drop in and enjoy some coffee and socialize with one another!



**Monday-Friday**  
**8:00 AM-2:00 PM**

## Memberships!

- \$20.00 Annual Membership Fee
- Yearly from the day of payment.
- You gain access to all Multigenerational Centers, Senior Centers and Sports and Fitness Centers!
- Please remember to update or renew membership. Also, check in at the front desk for any classes or activities in which you participate.

## Santa Barbara Martineztown Multigenerational Flea Markets

Come join us for flea markets every Wednesday!

All ages!

Come find some knick knacks to take home!

Lottery is the last Wednesday of the month 10:15 AM when drawing occurs for the following Months.

**Lottery Drawing**

**Wednesday, January 29th**  
**10:15 AM**

**\$2 per table**  
**8:00 AM- 12:00 PM**



## Line Dancing (Beginning)

**Tuesdays from 1:00 PM - 2:30 PM**

Join our great beginning line dancing class open for All ages who loves to line dance or wants to learn line dancing!



## DSA Advisory Council

**February 24th**

**12:00 PM-1:30 PM**

**Beqar Canyon Senior Center**  
**4645 Pitt NE Albuquerque, NM 87111**

## That Darn Yarn: Crochet Group



**Thursdays**

**10:00 AM-11:30 AM**



## Karaoke

**Fridays**

**11:00 AM-12:30 PM**

Join us for a fun-filled karaoke session where you can sing your heart out and shine like a star!



## Yoga (Beginning)

**Mondays**

**8:30 AM - 9:30 AM)**

**(\$3 FEE) Wednesdays**

**12:00 PM- 1:00 PM**

**Fridays**

**9:45 AM - 10:45 AM**

Join our great beginning Yoga class open for All ages who love to Stretch and Feel at Peace.



# Movie Fiesta Month

**\*Attention- Movies subject to change\***

## Mondays

Movie: **Bride Wars**  
Monday, February 3rd  
Rating: PG  
1:30 PM -3:30 PM



Movie: **Forever My Girl**  
Monday, February 10th  
Rating: PG  
1:30 PM -3:30 PM



Movie: **Mama Mia!**  
Monday, February 17th  
Rating: PG-13  
1:30 PM -3:30 PM



Movie: **Father Of The Bride**  
Monday, February 24th  
Rating: PG-13  
1:30 PM -3:30 PM



## Thursdays

Movie: **the Proposal**  
Thursday, February 6th  
Rating: PG-13  
9:00 AM -11:00 AM



Movie: **My Big Fat Greek Wedding**  
Thursday, February 13th  
Rating: PG  
9:00 AM -11:00 AM



Movie: **Fever Pitch**  
Thursday, February 20th  
Rating: PG-13  
9:00 AM -11:00 AM



Movie: **He's Just Not That Into You**  
Thursday, February 27th  
Rating: PG-13  
9:00 AM -11:00 AM



## Tech Help Tuesday

Come join us every Tuesday all day!

Come find some help with your technology from the staff of Santa Barbara Martineztown Multigenerational Center!

## YouTube Foodies

Learn how to whip up delicious, healthy meals on a budget in our fun and easy online cooking class!

Wednesday  
9:00 AM-10:00 AM

## Card Game Time

Fridays  
1:30 PM-3:00 PM

Join us at the Santa Barbara Martineztown Multigenerational Center for a fun time with family and friends! Enjoy a variety of board and card games.



## Pickleball

Join us for some exciting games of Pickleball with one court indoors!

Thursdays  
1:30 PM-3:00 PM



## Bingo

Join us for some exciting games of Bingo!!

1st Monday of the month  
1:30 PM-3:00 PM



## Paint and Sip Coffee

Unwind with a relaxing Paint & Sip session—enjoy a cup of coffee while you unleash your creativity on canvas!

Wednesdays  
10:00 AM-12:00 PM



## Walk in the Park

Take a refreshing stroll with us through the park as the leaves fall and we embrace the beauty of the fall season every Wednesday!

Note: if inclement weather we can walk inside the building.

Wednesdays  
8:30 AM-9:00 AM



# Senior Hot Meals Monthly Schedule

## IMPORTANT NOTICE

Dine in hot lunch is  
served  
11:30 AM - 1:00 PM  
Monday - Friday.

Please call  
**505-767-5671**  
to make your  
reservation by  
12:00P.M. the day  
prior.

If you have made a  
reservation please call  
and inform so we can  
give the meal to  
another participant.

If you forgot to make a  
reservation we will be  
able to give out  
cancelation meals at  
12:30 p.m.

Thanks in advance!

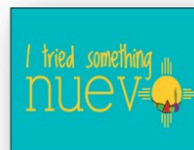
### COST BY AGE-

**50-55**  
**\$8.41**  
**55-59**  
**\$5.55**  
**60 AND UP**  
**\$2**  
**(DONATION)**

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# FEBRUARY 2025

As part of the New Mexico Grown state initiative, every Thursday,  
the Department of Senior Affairs will feature a vegetarian meal that  
incorporates locally sourced fruits, vegetables, beans, or chile into the menu.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> <ul style="list-style-type: none"> <li>♦ Beef Tips w/ Gravy Over Bowtie Pasta</li> <li>♦ Brussel Sprouts</li> <li>♦ Mixed Berries</li> <li>♦ Dinner Roll with Margarine</li> <li>♦ 1% milk</li> </ul>	<b>4</b> <ul style="list-style-type: none"> <li>♦ Lemon Pepper Salmon</li> <li>♦ Brown Rice</li> <li>♦ Roasted Fall Vegetables</li> <li>♦ Yogurt</li> <li>♦ 1% milk</li> </ul>	<b>5</b> <ul style="list-style-type: none"> <li>♦ Memphis Dry-Rubbed Chicken</li> <li>♦ Cauliflower</li> <li>♦ Dinner Roll with Margarine</li> <li>♦ Mandarin Orange</li> <li>♦ 1% milk</li> </ul>	<b>6</b> <ul style="list-style-type: none"> <li>♦ Pasta Primavera</li> <li>♦ Steamed Broccoli</li> <li>♦ Dinner Roll/ Margarine</li> <li>♦ Warm Cinnamon Apple Chunks</li> <li>♦ 1% milk</li> </ul>	<b>7</b> <ul style="list-style-type: none"> <li>♦ Pork Chop</li> <li>♦ Mashed Potatoes</li> <li>♦ Crispy Roasted Brussel Sprouts</li> <li>♦ Jell-O</li> <li>♦ 1% milk</li> </ul>
<b>10</b> <ul style="list-style-type: none"> <li>♦ Chicken Tamale w/ Green Chile</li> <li>♦ Mushroom &amp; Green Beans</li> <li>♦ Diner Roll with Margarine</li> <li>♦ Berry Compote</li> <li>♦ 1% milk</li> </ul>	<b>11</b> <ul style="list-style-type: none"> <li>♦ Turkey w/ Gravy</li> <li>♦ Steamed Broccoli</li> <li>♦ Dinner Roll with Margarine</li> <li>♦ Yogurt</li> <li>♦ 1% milk</li> </ul>	<b>12</b> <ul style="list-style-type: none"> <li>♦ Chicken Posole</li> <li>♦ Steamed Cauliflower</li> <li>♦ Dinner Roll with Margarine</li> <li>♦ Jell-O</li> <li>♦ 1% milk</li> </ul>	<b>13</b> <ul style="list-style-type: none"> <li>♦ Red Chile Cheese Enchilada</li> <li>♦ Brown Rice</li> <li>♦ Roasted Fall Vegetables/ Calabacitas</li> <li>♦ Pears</li> <li>♦ 1% milk</li> </ul>	<b>14</b> <ul style="list-style-type: none"> <li>♦ Baked Cod with Tarter Sauce</li> <li>♦ Brussel Sprouts</li> <li>♦ Roasted Fall Vegetables</li> <li>♦ Valentine Cookie</li> <li>♦ 1% milk</li> </ul>
<b>CLOSED 17</b> 	<b>18</b> <ul style="list-style-type: none"> <li>♦ Baked Ham with Pineapple Sauce</li> <li>♦ Sweet Potatoes</li> <li>♦ 5 Way Vegetables</li> <li>♦ Vanilla Pudding</li> <li>♦ 1% milk</li> </ul>	<b>19</b> <ul style="list-style-type: none"> <li>♦ Baked Chicken</li> <li>♦ Brown Rice</li> <li>♦ Roasted Fall Vegetables</li> <li>♦ Sliced Apple</li> <li>♦ 1% milk</li> </ul>	<b>20</b> <ul style="list-style-type: none"> <li>♦ Baked Ziti</li> <li>♦ Brussel Sprout</li> <li>♦ Dinner Roll with Margarine</li> <li>♦ Yogurt</li> <li>♦ 1% milk</li> </ul>	<b>21</b> <ul style="list-style-type: none"> <li>♦ Tilapia with Tarter Sauce</li> <li>♦ Rosemary Potatoes</li> <li>♦ Steamed Broccoli</li> <li>♦ Pears</li> <li>♦ 1% milk</li> </ul>
<b>24</b> <ul style="list-style-type: none"> <li>♦ Red Chile Beans</li> <li>♦ Crispy Roasted Cauliflower with Pumpkin Seeds</li> <li>♦ Dinner Roll with Margarine</li> <li>♦ Brownie</li> <li>♦ 1% milk</li> </ul>	<b>25</b> <ul style="list-style-type: none"> <li>♦ Chicken Tamale w/ Green Chile</li> <li>♦ Brown Rice</li> <li>♦ Corn &amp; Edamame</li> <li>♦ Orange</li> <li>♦ 1% milk</li> </ul>	<b>26</b> <ul style="list-style-type: none"> <li>♦ Diced Pork with Gravy</li> <li>♦ Steamed Green Beans</li> <li>♦ Berry Compote</li> <li>♦ 1% milk</li> </ul>	<b>27</b> <ul style="list-style-type: none"> <li>♦ Veggie Green Chili Cheeseburger</li> <li>♦ Sweet Potato Mash</li> <li>♦ Roasted Fall Vegetables</li> <li>♦ Apple Slices</li> <li>♦ 1% milk</li> </ul>	<b>28</b> <ul style="list-style-type: none"> <li>♦ Lemon Pepper Salmon</li> <li>♦ Mashed Potatoes</li> <li>♦ Steamed Spinach</li> <li>♦ Jell-O</li> <li>♦ 1% milk</li> </ul>

## Notice

### ALL FOOD AND MILK MUST BE CONSUMED IN DESIGNATED DINING AREAS ONLY

In compliance with Area Agency on Aging and New Mexico Aging and Long-Term Services senior meal program regulations, meals cannot be removed from the meal site designated dining area, however fruit, such as bananas, apples, oranges and individually wrapped cookies are exceptions to the rule. If you have any questions regarding regulations and guidelines, please call Senior Affairs Nutrition and Transportation Division Manager

Tim Martinez at 505-764-6450 for further clarification.

Thank you in advance for your cooperation.



# Santa Barbara Martineztown Multigenerational Center

Presents:

## After School Youth Program!

### Ages:

5 - 13 years old

### Dates:

January 6th

### Hours of Operation:

3:30 PM- 5:00 PM

### Location:

Santa Barbara Martineztown  
Multigenerational Center  
1825 Edith Blvd NE,  
Albuquerque, NM 87102

### School Location:

#### **Low Wallace Elementary-**

We will Transport from School to Center.

#### **Jefferson Middle School-**

Pick up from the Bus stop off of Edith Blvd NE and Hannett Ave NE

### Phone:

505-767-5671

### Fees:

- Active Membership Fee: \$20 Annual, per child
- Program Fee: \$15 per month, per child

**Supper Meal will be provided**

**Snacks are welcome!**

### Planned Activities & Field Trips Include:

- Arts & Crafts
- Sports & Outdoor Games
- Field Trips to Local Attractions
- Fun Group Projects

**Call us today to reserve your spot! Spaces are limited!**

**The Youth Zone!-**  
**Starting in January!**

**NEW!**



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senior affairs